

TRUTH STATEMENTS

Here are some TRUTH statements to complete, be as honest as possible when answering:

1. The REAL reason I have an issue in my relationship/s is...



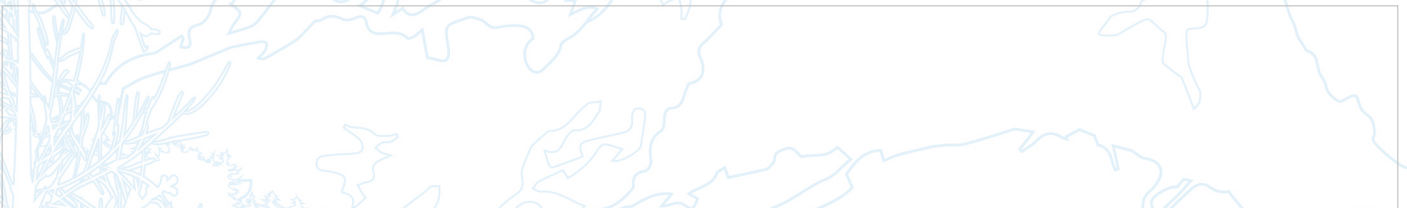
2. The REAL reason I'm not where I want to be in life...



3. The REAL reason I'm not financially stable is...



4. The REAL reason I still have that secret habit is...



5. The REAL reason I prioritise happiness first in my life is...



6. The REAL response I'm having to this exercise is...



7. The honest reason WHY I'm having this response is...

